

# Latin American Food Swaps

If You Like...	Try Using...
 Millet	 Amaranth
 Pita	 Arepas
 Anchovies	 Bacalao
 Passion Fruit	 Guava
 Zucchini	 Chayote
 Kimchi	 Curtido
 Basil	 Epazote
 Turnips	 Jicama
 Potatoes	 Yuca
 Feta	 Queso Fresco
 Tomato	 Tomatillo

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