

Finding Your Class Site

Some teachers sign up knowing exactly where they want to teach. They plan to bring the program to their church or to a nearby community center. Others like the comforts and convenience of teaching right out of their home. Many teachers become volunteers without an exact location in mind.

Finding a venue isn't hard, especially with these tools and tips on outreach!

Locations have included:

Churches	Schools
Recreation Centers	Grocery Stores
Senior Centers	Community Rooms of Multifamily Housing Units
Community Clinics	Home Kitchens
Community Gardens	Farmer's Markets

Teach from your home kitchen. Many teachers enjoy teaching ATOAH in the comforts of their own kitchen. Familiarity with the space and cookware, as well as having personal extras on hand, all add to the ease and enjoyment of a home cooked class.

Contact a local church. Many churches already have initiatives to help their members improve their health and wellbeing. Some even have health ministries dedicated to this kind of work. Meet with your pastor, call the office, or send an email. You can find out this kind of information on many church websites. We have provided an Outreach Email Template on page # to help you introduce yourself and the program. African Methodist Episcopal Churches (AME) are good places to start.

Get to know local organizations in your community. There are many organizations dedicated to supporting the health and wellness of their communities. Do a Google search of community centers, churches, wellness centers, African American Chambers of Commerce, senior centers, community gardening initiatives, grocery stores, and small businesses within the neighborhood(s) to which you would like to bring ATOAH. Use the Outreach Email Template to connect.

Utilize your connections. Do you have a dietitian or health professional in your family or circle of friends? You could engage them as a co-teacher or ask if their place of work would be open to hosting the series, or if they've worked in the community before. Are you on the PTA at your child's school? Ask the principal or director of programs if they would be open to hosting a parent engagement class held in the school after hours.

Reach out to your **local City or State Health Department.** Many Health Departments have health and nutrition goals and initiatives already in place, and they are often looking for more free programs to offer to their communities. Let them know about A Taste of African Heritage, to add to their roster of programs.