



**Spend a week on a culinary adventure in Portugal
with Oldways and Chef John DaSilva of Chickadee Restaurant
April 3-10, 2022**

Sunday, April 3: Bem Vinda!

- Arrival in Lisbon and check in at the Altis Avenida Hotel
- Opening Session with Oldways and Chef John DaSilva.
- Introduction to the Wines of Portugal Wine Tasting and Welcome Dinner on the rooftop of the Altis Avenida Hotel.

Monday, April 4: Exploration and Cooking

- Breakfast Buffet at the Altis Avenida Hotel
- A Food, Cultural, and Historical Walking Tour of Lisbon (this will be lunch!)
- Afternoon free time
- Early Evening Cooking Class with Chef John DaSilva at the Lisbon Cooking Academy
- Dinner of the same dishes prepared by Chef DaSilva

Tuesday, April 5: Lisbon!

- Breakfast Buffet at the Altis Avenida Hotel
- Travel by Tuk-Tuk to Belem, one of Lisbon's neighborhoods. Stop at the Jeronimos Monastery, and then sample the iconic Pastel de Nata at the famous Pastéis de Belém, continue to the Explorer's Monument, and then a tour of the Museum of Ancient Art.
- We'll explore Central Market and Time Out Lisbon, then move across the street to the charming restaurant, Lisboa e Linda, for a group lunch.
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Wednesday, April 6: On the Road to Porto

- Breakfast Buffet at the Altis Avenida Hotel
- Check out of our hotel and leave for Porto
- Visit Luis Pato Winery for winery visit, tasting and lunch prepared by the Luis Pato Chef and Chef John DaSilva
- Check into Hotel InterContinental Porto - Palacio das Cardosas
- Free evening to explore Porto's restaurants

Thursday, April 7: Porto and Port

- Walking Cultural tour of Porto
- Lunch Cooking Demo with Chef John DaSilva and a local chef
- Free time after lunch
- Cross the river to Vila Nova de Gaia for a visit to Taylor Fladgate Port Lodge

- Dinner at Barão Fladgate in Vila Nova de Gaia
- Return to Hotel InterContinental Porto – Palacio das Cardosas

Friday, April 8: A Day in the Douro

- Breakfast Buffet at the Hotel InterContinental Porto - Palacio das Cardosas
- Drive east into the Douro Valley for a vineyard tour and tasting
- Country Lunch in the Douro
- Douro River cruise in a Barco Rabelo, a traditional wooden ship
- Return to Porto
- Free evening to explore in Porto

Saturday, April 9: A Day of Options

- Breakfast Buffet at the Hotel InterContinental Porto - Palacio das Cardosas
- You'll have your choice of three special tours in Porto:
 - *Cork Experience*
 - *Pastel de Nata Baking Class*
 - *Tile and Art Class*
- You'll have free time on your own for shopping, resting, eating, or touring Porto before our final farewell dinner altogether in Porto.

Sunday, April 10: Tchau!

- Departures, or continue your stay in Portugal on your own!