

meijer healthy living



**Keith, Meijer Team Up For
"Cooking With The Blackhawks"
Maribel Alchin, MBA RD, LDN**



Meijer Healthy Living Screenings with
MOJO and Faith Daniels



Janine Faber, MEd RD, LD

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**Expert Opinion from Shari Steinbach,
MS RD Healthy Living Manager
Fruitsandveggiesmorematters.org**



**[Shop Smarter And Healthier!](#)
The Nu-Val program at Meijer, with
Tina Miller, MS RD Meijer Healthy Living Advisor**

<http://www.clickondetroit.com/video/27079281/detail.html>

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**Kristen Johnson, RD ACE-PT
Meijer Healthy Living Advisor
Fitness Guru!**



In-store Disease Management Events: Gluten Free Sampling



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- Total Health and Wellness:
 - Meijer Clinical Pharmacists
 - Health Screenings / community health initiatives
 - BMI and health risk assessment
 - Flu Vaccinations
 - Collaborative efforts with Dietitian team
 - Community events
 - Media / Public Relations
 - Pharmacy Programs
 - Free Antibiotics, Pre-Natal Vitamins,
 - Free Metformin, Discount Rx (\$4)
 - Diabetes Skills Training
 - Vitamin Finder



<http://www.meijer.com/pharmacy>



Shopping By Numbers
 Compare overall value in one simple number between 1-100
 The higher the NuVal™ score, the better the nutrition!

Share Your Recipe.
 Become a Mealbox Maven Now



meijer meal!box™ BETA
 RECIPES SPECIALS
 Recipes



mperks.
 save. easier. at **meijer**

Be healthy

*mind
 body
 spirit
 heart*



BEST EMPLOYERS
 for Healthy Lifestyles
2010

ADDITIONAL INFORMATION
 Workforce
 Work Institute



National Kidney Foundation™
 of MICHIGAN



University of Michigan
 C. S. Mott Children's Hospital



SAINT JOSEPH MERCY
 HEALTH SYSTEM
 A Member of Trinity Health



meijer \$10
 Simply Give
 Donate to your Local Food Bank

Family will match our customers' to \$100,000 to help our local food banks stock their shelves.



Questions?