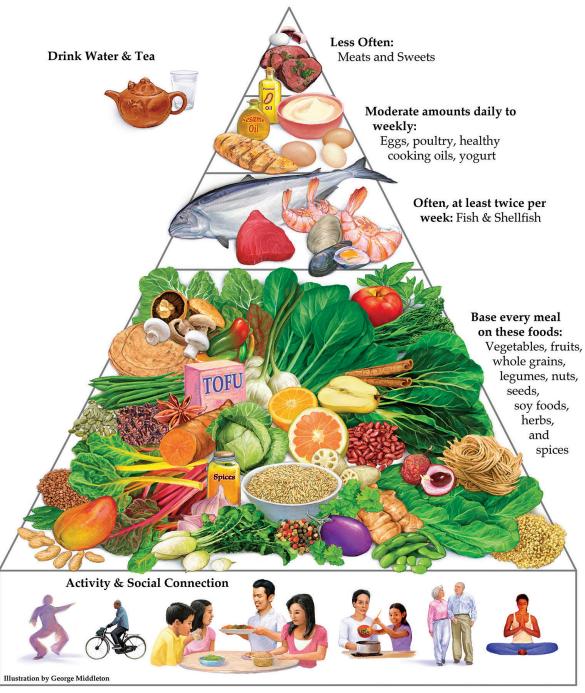


Asian Diet Pyramid



© 2018 Oldways Preservation and Exchange Trust

www.oldwayspt.org